



Amarna

Lythe Hill Hotel Petworth Road Haslemere Surrey GU27 3BQ
Tel 01428 744860 Fax 01428 644131
Email info@amarnaspa.co.uk Website www.amarnaspa.co.uk



Amarna



TREATMENT PRICE LISTS



for ELEMIS, ALTERNATIVE TREATMENTS AND SPA DAYS

Lythe Hill Hotel Petworth Road Haslemere Surrey GU27 3BQ
Tel 01428 744860 Fax 01428 644131
Email info@amarnaspa.co.uk Website www.amarnaspa.co.uk

POWERING YOUR BODY AND MIND.

Amarna Spa is inspired by the life of Queen Nefertiti, whose name means 'the beautiful one has arrived'

Amarna Spa has been designed to reflect Nefertiti's desire for peace and tranquility underpinned by her passion for pampering.

AMARNA SPA FITNESS FACILITIES AT LYTHE HILL HOTEL AND SPA IN SURREY

FULLY EQUIPPED COMPUTERIZED GYM, 16 METRE SWIMMING POOL, COLD TEMPLE SHOWER, SAUNA, STEAM ROOM, WHIRLPOOL AND FITNESS STUDIO.

The facilities in Amarna Spa are spacious and welcoming, with the gym enjoying beautiful views over the hotel grounds to inspire you while you workout.

We offer a range of fitness classes including Pilate's, Yoga, Aquacise, Swiss ball, Killer Ab's, Fit Yogalates, Legs, Bums and Tums and Bums, Abs and Stretch ; we also offer swimming lessons and outdoor tennis. Our tennis professional provides one-on-one, group and junior lessons. The swimming instructor offers junior and adult one-on-one lessons. For further enquiries call Amarna spa reception.

Additionally we offer a trained sports massage therapist and personal training – more details available at Amarna Spa reception.

CHILDREN'S SWIMMING TIMES

Monday to Friday 12.30pm to 5.30pm

Saturday and Sunday 10.30am to 12.30pm and 3.30pm to 5.30pm

Amarna Spa works with Elemis the leading luxury British spa and skincare brand favoured by as many as 5.7 million spa-goers per year. The successful combination of natural active ingredients with cutting-edge technology has enabled Elemis to bring to market some of the most influential anti-ageing products and professional spa-therapies the beauty industry has ever seen.

PEACE AND TRANQUILITY

Underpinned by Nefertiti's passion for pampering

Amarna Spa offers a range of treatments and complete Pharaoh Days for both men and women. Our spa days include not only treatments but also lunch and use of facilities for the entire day

Men's Spa Days

Total Indulgence for Men£195.00

• Urban cleanse facial • Deep tissue muscle massage • Sole delight foot treatment

Time Out for Men£128.00

• Flash Facial • Back, neck and shoulder massage • Sole delight foot treatment
OR Exotic Hand Ritual

Ladies Spa Days

Time Out£128.00

• Flash Facial • Back, neck and shoulder massage • Sole delight foot treatment
OR Exotic Hand Ritual

Top To Toe Body Glow£138.00

• Exotic Lime and Ginger Salt Glow • Total Glow Tanning Treatment
• File and Paint Hands and Feet

Holistic Harmony£135.00

• Cooling Hot Stones Treatment • Face and Scalp Massage
• Sole delight foot treatment

Total Indulgence£230.00

• Pro-Collagen Quartz Lift Facial • Exotic coconut rub and Milk Ritual Wrap
• Luxury Manicure • Luxury Pedicure

Active Spa Day£195.00

• Cellutox Wrap • 1 Hour Personal Training Session
• Deep Tissue Muscle Massage

Evening De-stress£140.00

• Arrive 4pm • 3 Mini Treatments • Free Time to Use Spa • Dinner at Hotel

ALTERNATIVE TREATMENTS

AVAILABLE AT AMARNA SPA



Elemis
SPA THERAPY



WAXING

Full Leg and Bikini	£34.00
Full Leg	£28.00
3/4 Leg	£22.50
Half Leg	£17.50
Bikini Line	£10.50
Underarm	£10.50
Forearm	£12.50
Back or Chest	£17.50
Lip or Chin	£7.50
Eyebrow Shape	£10.50

TINTING

Eyeshash Tint	£14.50
Eyebrow Tint	£8.50
Lash and Brow Tint	£19.50
Eyeshash Perm	50 mins £25.50

ST TROPEZ

Full Body Application	1 hour	£46.00
Half Body Application	30 mins	£31.00
Face	20 mins	£15.50

ELEMIS BODY THERAPY

Musclese Aroma Spa Ocean Wrap	£71.50
powerful seaweed wrap for complete muscle relaxation	1 hr 15 mins
Total Glow Self Tanning Treatment	£41.00
the healthy way to radiant sun-kissed skin	45 mins

ADVANCED ANTI-AGEING FACIAL FOR MEN

Skin IQ Plus	£82.00
anti-ageing booster for tired, stressed skin	1 hr 15 mins

ADVANCED PERFORMANCE FACIAL FOR MEN

Urban Cleanse Facial	£66.50
deep cleanse and complete skin detox	1 hr 15 mins

ELEMIS FACE AND BODY THERAPY FOR MEN

Total Time Out	£128.00
the ultimate skin and body therapy for men	2 hours

ELEMIS EXOTIC THERAPY

Exotic Lime and Ginger Salt Glow	£40.00
invigorated, cleansed and polished to perfection	30 mins
Exotic Coconut Rub and Milk Ritual Wrap	£66.50
pure sensuality to enliven the senses	1hour
Exotic Frangipani Body Nourish Wrap	£66.50
for immediate softness and suppleness	45 mins

ELEMIS DETOX THERAPY

Body Sculpting Cellulite and Colon Therapy	£61.00
redefine and smooth your silhouette	1 hour
Cellutox Aroma Spa Ocean Wrap	£71.50
a deeply detoxifying blend to decongest and stimulate the system	1 hr 15 mins

ELEMIS MOTHER-TO-BE

Nurturing Massage for Mother-to-Be	£82.00
massage adapted to each stage of pregnancy	1 hour

ELEMIS ADVANCED ANTI-AGEING FACIALS

Tri-Enzyme Resurfacing Facial peel away the years for smoother, more radiant skin	£82.00 1 hour
Visible Brilliance Facial to combat ageing, stressed and slackened skin	£82.00 1hr 15 mins
Pro-Collagen Quartz Lift see a younger firmer future instantly	£82.00 1hr 15 mins

ELEMIS SKIN SOLUTIONS FACIALS

Oxygen SkinCalm Facial pure soothing heaven for sensitive skin	£66.50 1hr 15 mins
S.O.S. Purifying Facial a purifying treatment for congested skin	£66.50 1hr 15 mins
Modern Skin Facial a purifying treatment to help remove toxins, regenerate skin cells and rebalance sebum	£61.00 1 hour

ELEMIS SKIN SPECIFIC FACIALS

Fruit Active Glow bring back the glow to a lifeless complexion	£51.00 1 hour
Exotic Moisture Dew treat your skin to a moisture boost	£51.00 1 hour
Herbal Lavender Repair for perfect restoration of skin balance	£51.00 1 hour

ELEMIS FACE AND BODY THERAPY

Absolute Spa Ritual the ultimate skin and body therapy for maximum results	£128.00 2 hours
--	--------------------

ELEMIS BODY THERAPY

Deep Tissue Muscle Massage deep rhythmic pressure massage	£61.00 1 hour
Deep Tissue Back Massage minimum time, maximum tension-relieving results	£46.00 30 mins
Cooling Hot Stones Treatment warm basalt stones to melt away tension	£71.50 1 hour

MANICURES & PEDICURES

Luxury Manicure Includes detoxifying scrub and soothing massage with cuticle work (polish applied)	55 mins	£36.00
Luxury Pedicure Includes detoxifying scrub, hard skin removal, cuticle work and soothing massage (polish applied)	55 mins	£41.00
Luxury French Manicure	55 mins	£41.00
Luxury French Pedicure	55 mins	£46.00
File and Paint Hands or Feet	20 mins	£20.50
Mini Manicure File and shape, cuticle tidy and massage (no polish applied)	25 mins	£25.50
Mini Pedicure File & shape, hard skin removal, cuticle tidy and massage (no polish applied)	25 mins	£25.50

MASSAGE

Full Body Swedish	55 mins	£51.00
Full Body Aromatherapy	55 mins	£56.50
Back, Neck & Shoulder Massage	25 mins	£35.00
Face and Scalp Massage	25 mins	£30.00
Indian Head Massage	25 mins	£35.00
Reflexology	45 mins	£51.00